

MGRC NEWS

Website: <www.mgrc.co.in> Email: <mgrctrivandrum@gmail.com> Ph.: +91– 471– 2378436

Mar Gregorios Rehabilitation Centre
Moonnammoodu, Kodungannoor P.O.
Vattiyoorkavu, Trivandrum 695 013 Kerala. India

December 2020

International Day of Persons with Disabilities:2020

The International Day of Persons with Disabilities: 2020 was observed on 3rd December 2020. Prof (Dr) Philipose Joshua, Honorary Secretary participated in a webinar organized under the auspices of the Believers Church Medical College, Thiruvalla and interacted with the panelists.

Ms. Dhanya Ravi, a Freelance Content Writer and Disability Evangelist from Bengaluru, spoke of her own life experiences and the challenges the persons with disabilities are facing in the society. Dr. Sooraj Rajagopal, associate Professor, Department of Physical Medicine and Rehabilitation, Government Medical College, Kozhikode, spoke on the different categories of disabilities, and other technical aspects regarding persons with disabilities. Smt.Shamla Begam J, Senior Supdnt, District Social Justice Office, Pathanamthitta, elaborated on the various welfare schemes and opportunities for the persons with disabilities. Dr. Roshin Mary Varkey, asst. Professor, Dept. of PMR and Ms. Lynn Elizabeth Thomas, Tutor, Dept.of Biochemistry, both from the Believers Church Medical College, Thiruvalla, were the moderators.



Inside this issue:

For private, online circulation only. Designed, edited and published by:
Prof. (Dr.) Philipose Joshua, Honorary Secretary, MGRC
secretarymgrc@gmail.com Ph.: +91-9447429242



From the Editor's Desk

December would have been a time of celebrations the world over. But it was not to be as the Covid-19 playing havoc everywhere as in the previous months since March 2020. There were restrictions in every front, in travel, in gatherings etc. Many businesses were shut down, people became jobless, many who still retained their jobs worked from home, children had to learn to attend virtual classes and examinations from home. Altogether it was a new experience to every one.

The rehabilitation work at MGRC too was affected to a great extent as the cash flow in the form of donation had dwindled, community workers were restricted from travelling to the homes of the clients, there were restrictions in the number of patients who could be taken to the hospitals in our vehicles. However, we tried our best to continue supply of the life saving medicines to all our clients regularly. Supply of the food kits to the selected clients were also continued without interruption.

When we take stock of the work at the end of the year, we can only thank the Lord for His unfailing mercy by which He has carried us through. God be praised!

Office-bearers and members of the Executive Committee for 2020-21

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International Day of Persons with Disabilities:2020



Believers Church
MEDICAL COLLEGE HOSPITAL

INTERNATIONAL DAY OF PERSONS WITH DISABILITIES, 2020

"RIGHTS AND OPPORTUNITIES FOR DIFFERENTLY ABLED"



3RD DECEMBER



6:30 PM

PANELLISTS



DR. SOORAJ RAJAGOPAL
ASSOCIATE PROFESSOR
DEPARTMENT OF PHYSICAL MEDICINE AND REHABILITATION
GOVERNMENT MEDICAL COLLEGE CALICUT



SMT. SHAMLA BEEGAM J
SENIOR SUPERINTENDENT
DISTRICT SOCIAL JUSTICE OFFICE
PATHANAMTHITHA



MS. DHANYA RAVI
FREELANCE CONTENT WRITER AND DISABILITY EVANGELIST
BANGALORE

MODERATORS



DR. ROSHIN MARY VARKEY
ASSISTANT PROFESSOR
DEPARTMENT OF PMR
BELIEVERS CHURCH MEDICAL COLLEGE
THIRUVALLA



MS. LYNN ELIZABETH THOMAS
TUTOR
DEPARTMENT OF BIOCHEMISTRY
BELIEVERS CHURCH MEDICAL COLLEGE
THIRUVALLA

ZOOM MEETING

CLICK HERE TO JOIN

MEETING ID: 892 2362 0208

https://us02web.zoom.us/j/89223620208

International Day of Persons with Disabilities:2020







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Community Based Rehabilitation Programs

Total Clients Cared for during November 2020		
1	Visually Impaired	5
2	Orthopaedically Handicapped	158
3	Hearing Impaired	7
4	Mentally Challenged	13
	Total	**183**

Details of Aids and Equipment Distributed During November 2020		
1	Quadripoid	1
2	Elbow Crutches	2
3	Emergency Lamp	1
	Total	**4**

Economic Rehabilitation		
	Existing Self Employment Projects	
1	Orthopaedically Handicapped	348
2	Visually Impaired	16
3	Hearing Impaired	19
4	Mentally Challenged	29
	Total	**412**

CBR Program

Paper Craft Unit

In the paper craft unit functioning at the Centre, there is a cutting machine and a letter press. Certain business firms give us order for supplying envelopes of required dimensions with their addresses printed on them. We buy rolls of paper directly from the mill, cut them into various required sizes suitable for the envelopes, and take them to our differently abled clients. They apply gum on them and make the envelopes and we collect them back and after printing the addresses, deliver them to firms. The income thus generated is then transferred to the clients who made them. This not only helps them to make part of their livelihood, but also serves as an occupational therapy.

Details of work in the paper craft unit during November 2020		
1	Production of envelopes	30,750
2	New order for envelopes	38,000
3	Sale of envelopes	35,300
4	Number of clients engaged in envelope making	2





Our Patron Saint

Mar Gregorios

of

Parumala

Our President

H.G. Dr. Zacharias

Mar Aprem





Vision Statement

- MGRC is a non-profit making society registered under the Travancore-Cochin Scientific, Literary and Charitable Societies Registration Act (Reg. No. 235/83)
- MGRC tries to bring succor to persons with various types of disabilities such as visually impaired, orthopedically handicapped, hearing impaired and mentally retarded
- Area of operation consists of six village panchayats around Trivandrum city.
- Medical, economic and social rehabilitation service is provided to all deserving persons with disabilities in the area irrespective of their caste, creed or religion.
- This is a community based rehabilitation work and therefore the beneficiaries live and work in their own homes.
- Beneficiaries are chosen irrespective of cast, creed, or religion.

Services rendered

- Counseling
- Transporting them to hospitals
- Giving medicines & provisions
- Arranging surgery, physiotherapy etc.
- Providing equipment such as artificial limbs, calipers, braces, crutches, hearing aids, spectacles etc.
- Providing finance to start self-employment schemes like tea shop, vegetable shop, petty shop, tailoring shop, goat rearing etc. &
- Providing educational assistance to disabled and poor students.

How could you help this ministry?

- By upholding this ministry in your prayers.
- By your physical involvement.
- By providing financial support.
- By telling others about this ministry.